My Strength Profile

<table>
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<th>YOU YOUR STRENGTH</th>
<th>TALENT</th>
<th>KNOWLEDGE</th>
<th>SKILLS</th>
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Follow these steps to fill in the chart above

**Step One:** List three things that you enjoy doing and that you also do well (Talent):

1. ________________________________________________
2. ________________________________________________
3. ________________________________________________

**Step Two:** List three areas or subjects you know and enjoy learning about (Knowledge):

1. ________________________________________________
2. ________________________________________________
3. ________________________________________________

**Step Three:** List three abilities that help you execute and conduct a task (Skills):

1. ________________________________________________
2. ________________________________________________
3. ________________________________________________
Step Four: Read and complete the Strengths Finder 2.0 Assessment. What are your top 5 strengths?

1. 
2. 
3. 
4. 
5. 

What Your Strengths Say About Your Talents:

**Executing**
I know how to make things happen
- Achiever
- Arranger
- Belief
- Consistency
- Deliberative
- Discipline
- Focus
- Responsibility
- Restorative

**Influencing**
I know how to take charge, speak up, and make sure the team is heard
- Activator
- Command
- Communication
- Competition
- Maximizer
- Self-Assurance
- Significance
- Woo

**Relationship Building**
Ability to build strong relationships that can hold a team together
- Adaptability
- Connectedness
- Developer
- Empathy
- Harmony
- Includer
- Individualization
- Positivity
- Relator

**Strategic Thinking**
Help teams consider what could be and analyze information to inform decisions
- Analytical
- Context
- Futuristic
- Ideation
- Input
- Intellection
- Learner
- Strategic

Tip: You will continue to uncover your strengths as you develop in your life and career.